

<b>Indication</b>	<p>For the treatment of newly diagnosed high risk metastatic hormone-sensitive prostate cancer in combination with androgen deprivation therapy (ADT). Patients can have either not been treated with docetaxel and have currently received androgen deprivation therapy (ADT) for no longer than 3 months before starting an androgen receptor targeted agent or can have been treated with docetaxel and received ADT for no more than 9 months.</p> <p>NB No previous treatment with any androgen receptor targeted agent should have been received, unless the patient has received enzalutamide or apalutamide or darolutamide for newly diagnosed metastatic hormone-sensitive prostate cancer which had to be stopped because of dose-limiting toxicity in the clear absence of disease progression or the patient has progressive disease following treatment with 2 years of ADT plus abiraterone with or without enzalutamide for high risk non-metastatic disease as part of the STAMPEDE trial and did not progress whilst on such treatment or the patient has high risk hormone sensitive prostate cancer treated with abiraterone as part of the STAMPEDE trial and has not progressed whilst on such treatment.</p>
<b>Treatment Intent</b>	Palliative
<b>Frequency and number of cycles</b>	<p>Repeat every 28 days</p> <p>Continue until disease progression, unacceptable toxicity or patient choice.</p>
<b>Monitoring Parameters pre-treatment</b>	<ul style="list-style-type: none"> <li>• <b>Virology screening:</b> All new patients referred for systemic anti-cancer treatment should be screened for hepatitis B and C and the result reviewed prior to the start of treatment. Patients not previously tested who are starting a new line of treatment, should also be screened for hepatitis B and C. Further virology screening will be performed following individual risk assessment and clinician discretion.</li> <li>• Monitor U&amp;Es and FBC with each cycle for 6 months and then every 3 months thereafter if clinically indicated.</li> <li>• Monitor LFTs every 2 weeks for first 3 months then monthly for 3 months and then every 3 months thereafter if clinically indicated.</li> <li>• Blood pressure, serum potassium and fluid retention should be monitored before treatment and at least monthly thereafter. In patients at high risk of congestive heart failure monitoring should be 2 weekly for the first 3 months of treatment, then if clinically stable monthly thereafter.</li> <li>• Use with caution if history of cardiovascular disease (before treatment hypertension must be controlled and hypokalaemia corrected, consider maintaining potassium levels at <math>\geq 4</math>mmol/L during treatment). New patients with cardiac failure should have an ECHO (transthoracic echocardiogram to measure Left Ventricular Ejection Fraction) before starting treatment.</li> <li>• <b>Hepatic impairment:</b> no dose adjustment in pre-existing mild (Child-Pugh A) impairment. Limited data available in moderate (Child-Pugh B) impairment, to be prescribed at clinician's decision. Not to be used in severe hepatic impairment.</li> <li>• <b>Renal Impairment:</b> Use with caution in severe renal impairment.</li> <li>• <b>Management of adverse reactions and dose adjustments:</b> <ul style="list-style-type: none"> <li>○ Hepatotoxicity and hepatic impairment:</li> <li>○ If increase in ALT <math>&gt; 5 \times</math> ULN, discontinue treatment and all other concomitant medications that are potentially hepatotoxic. Re-treatment may take place only after return of liver function tests to the patient's baseline, and at the reduced dose level of 500mg once a day with serum transaminases monitored at least every two weeks for three months and monthly thereafter. No further dose reduction is permitted; if hepatotoxicity recurs at the reduced dose treatment should be discontinued.</li> <li>○ If patients develop severe hepatotoxicity (ALT <math>20 \times</math> ULN) discontinue treatment and do not re-treat.</li> </ul> </li> </ul>

Protocol No	URO-040	Kent and Medway SACT Protocol Disclaimer: No responsibility will be accepted for the accuracy of this information when used elsewhere.	
Version	V1	Written by	M. Archer
Supersedes version	New protocol	Checked by	C. Waters M. Capomir
Date	14.03.2025	Authorising consultant (usually NOG Chair)	C. Thomas

	<ul style="list-style-type: none"> <li>○ For patients who develop Grade <math>\geq</math> 3 toxicities including hypertension, hypokalaemia, oedema and other non-mineralocorticoid toxicities, treatment should be withheld and appropriate medical management should be instituted. Treatment should not be reinitiated until symptoms of the toxicity have resolved to Grade 1 or baseline.</li> <li>● <b>Common drug interactions (for comprehensive list refer to BNF/SPC):</b></li> <li>● Caution is recommended in patients concomitantly treated with drugs known to be associated with myopathy/rhabdomyolysis (e.g glucocorticoids, cholesterol lowering drugs, zidovudine, amiodarone, colchicine)</li> <li>● Strong inducers (e.g. phenytoin, carbamazepine, rifampicin) of CYP3A should be avoided or used with caution.</li> <li>● Dose reduction of medicines with a narrow therapeutic index metabolized by CYP2D6 (e.g metoprolol, propranolol, venlafaxine, haloperidol, risperidone) should be considered.</li> <li>● Use with caution when given concomitantly with other medications known to prolong QT interval.</li> <li>● Avoid spironolactone, co administration with abiraterone is not recommended.</li> <li>● <b>Hyperglycaemia/Hypoglycaemia:</b> The risk of hypoglycaemia has been linked to co-administration with pioglitazone or repaglinide. Patients with diabetes should be advised to closely monitor their blood sugars and liaise with their diabetic team. Close monitoring for toxicity is recommended for patients taking CYP2C8 substrate with a narrow therapeutic index (e.g. pioglitazone and repaglinide).</li> <li>● <b>Missed dose:</b> in the event a dose of abiraterone or prednisolone is missed, the patient should not take the dose and wait until the next scheduled dose to continue.</li> <li>● For oral self-administration: refer to local Trust policy on oral anti-cancer medicines and supply Patient Information Leaflet.</li> </ul>
<b>References</b>	BT form accessed online 28.01.2025 KMCC protocol URO-021 V5 SPC accessed online 31.01.2025 CDF list v1.344 accessed online

NB For funding information, refer to CDF and NICE Drugs Funding List

**Repeat every 28 days**

TTO	Drug	Dose	Route	Directions
Day 1	<b>ABIRATERONE</b>	<b>1000mg</b>	PO	Each day continuously for 28 days. Tablets should be taken at least 1 hour before food or at least 2 hours after eating. Swallow whole with water. Available as 250mg and 500mg tablets.
	<b>PREDNISOLONE</b>	<b>5mg</b>	PO	OD for 28 days When abiraterone is discontinued, the patient should commence a reducing dose of prednisolone.
<b>NB ADT must be prescribed</b>				

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